



Creative  
Active  
Unique  
Early  
Years  
Courses



## DAZZLE TOTS

Dazzle Tots courses explore themes through drama, craft, movement, storytelling, action songs and team games.

Aimed at gently encouraging and developing self confidence, independence, fine motor skills, co-ordination and teamwork. Past themes have included Dinosaurs, We're Going on a Bear Hunt, Fairies & Elves, Pirates, Unicorns, Jack & The Beanstalk and Scarecrows. All children create and take away their own themed craft item at the end of each class.

Dazzle can tailor a course to fit in around a theme the playgroup is exploring such as Under The Sea, Fairy Tales, Vehicles or The Weather.

## DANCE TOTS

Dance Tots courses introduce the pre-school children to a variety of fun dance styles.

Upbeat, active classes encouraging individuality and a love of dance and movement.

Each class begins with a fun, creative, energising game and song before moving on to the principal

dance genre. Styles could include country dancing as farm animals, gymnastics with ribbons,

bhangra dancing with coin belts, disco dancing under a mirrorball or sparkly hats and canes. The

course includes props for up to 15 children and trophies and certificates for everyone at the end of

the course.

Use of a school hall or large space will benefit the children on this course..



# CROGA TOTS



Croga Tots are 45 minute sessions which take the pre-school children on a new adventure each week through imagination, storytelling and a variety of fun and interesting stretches and moves inspired by traditional yoga poses.

Aimed at developing self confidence, creativity, self expression and improving concentration, balance and coordination. Action songs and drama games compliment the yoga and help to keep the children focused and engaged. Every child will receive a set of Croga cards allowing the group to continue the story at home or during playgroup with the team.

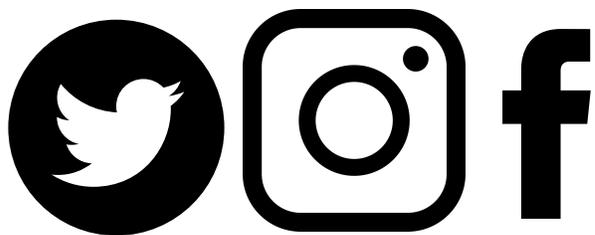
Themes during a 5 week course include Magical Creatures, Jungle Beat, Fairy Garden, Ocean Adventure, 321 Blast Off!



## *YOGA benefits for toddlers*

- *Develop creativity and imagination*
- *Concentration*
- *Calming*
- *Increase co-ordination and balance*
- *Increase confidence & self esteem*

*A school or village hall is ideal for a Croga Tots course.*



dazzleworkshops  
[www.dazzleworkshops.co.uk](http://www.dazzleworkshops.co.uk)

## CONTACT

Sarah Davis-Berry  
Dazzle Workshops  
6 Friday Street  
Minchinhampton  
Gloucestershire  
GL6 9JL  
[sarah@dazzleworkshops.co.uk](mailto:sarah@dazzleworkshops.co.uk)  
07979848280

## EXAMPLE COSTINGS

DAZZLE TOTS  
CROGA TOTS  
DANCE TOTS  
5 WEEK COURSE  
£200

Includes all equipment, craft items, props or Croga cards for up to 15 children  
DAZZLE TOTS and DANCE TOTS - 1 hour classes  
CROGA TOTS-45 minute classes

DAZZLE TOTS  
PLAYGROUP PARTY  
1 HOUR  
£120

Includes all equipment, craft items, costumes and props for up to 25 children

*Dazzle has run over 20 independent Dazzle Tots courses and a variety of courses at Gloucestershire playgroups since 2010.*